

Prevention of Decline in Cognition Alter Stroke Trial
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## PODCAST: Prevention Of Decline in Cognition After Stroke Trial

## FINAL LETTER TO PATIENTS

Sponsor: The University of Nottingham Chief Investigator: Professor Philip Bath

Dear Participant,

Thank you for attending the last follow up for the PODCAST trial. We are most grateful for your participation in this trial.

You may wonder why we are closing this trial to Follow Up after a maximum of 4 years. The first phase of PODCAST was designed to test the feasibility of doing the whole trial, including whether we could recruit enough sites to take part in the trial, as well as the recruitment of patients. If successful, we would have applied for more funding. Unfortunately we could not recruit enough sites and therefore not enough patients so we could not apply for more funding. Whilst disappointing, this reflects the difficulty of carrying out long term trials in patients that have had a stroke.

Your contribution to this trial has been very much appreciated. We hope to present the results of the PODCAST trial in December of this year at the UK Stroke Forum in Harrogate and we will share the results with the research staff who have been looking after you in the trial, so you may wish to contact them then. We will also put a synopsis on the website (http://www.podcast-trial.org).

Once again, we are very grateful for your participation in this trial. We hope that your experience of being in a clinical trial has been valuable.

Yours sincerely,

**Professor Philip Bath** 

**PODCAST Chief Investigator**